

Sarah Marsh Physiotherapy and Yoga

New safety protocols for face to face treatment at Roseneath Medical and Dental Practice COVID-19 · Update 8/06/2020

I am delighted that in accordance with guidance from Public Health England and the Chartered Society of Physiotherapy I am now able to offer face to face appointments and will be open from Tuesday 16th June.

I will continue to offer remote consultations as the guidance is to consider remote consultations first. However, I know that many patients will require a face to face assessment. Deciding on the most appropriate form of treatment will be done by working together and understanding your symptoms and concerns and how we keep everyone safe.

A huge benefit in being based at Roseneath Dental Practice is being able to utilise the reopening of their practice and their strict control measures so that we can maintain social distancing during your visit.

To visit Roseneath:

- Appointments must be scheduled by phone or email only.
- You must be completely asymptomatic (free of fever, cough, altered smell or taste, or breathing difficulties).
- You must not be self-isolating due to symptomatic family members.
- You must not have been in contact with any confirmed Covid-19 positive patients.

Attending for your appointment:

- Please attend alone if possible (unless a child or vulnerable adult).
- I will be wearing appropriate PPE, please do bring a mask if you have one, but I will have masks available.
- I will be unable to provide towels, but will of course have couch roll etc. You are welcome to bring your own.
- We are reducing the number of appointments in all areas of the clinic to restrict patient numbers in the waiting room. Please attend punctually at the time of your appointment and avoid waiting in the practice unnecessarily.
- I will contact you prior to each appointment with any specific instructions (and I won't leave you standing in the rain!)
- We are also extending appointment times to allow for any over running and increased cross infection control between patients:
 - please try to maintain social distancing in the communal areas as marked.
 - we may ask some questions to screen your general health.
 - we will ask you to hand sanitise on entering.

The health and wellbeing of my patients and colleagues is my main priority. I feel that the above measures are necessary to maintain and provide services of the highest standard in the safest way possible, therefore I look forward to your cooperation and understanding at these times.

Please note that by attending your appointment you are agreeing to adhere to our new safety protocols, and you are confirming that you are free of Covid-19 symptoms. Namely, that you don't suffer from high temperature, shortness of breath, new continuous cough, altered sense of taste or smell and that you have not been in direct contact with any confirmed Covid-19 positive patients.